

Join us to support MOVE-UP

MOtherhood Valorisation and Empowerment for professional development - Upskilling Pathways

What is this project about?

The MOVE-UP project intends to **develop a flexible and quality upskilling pathway for unemployed women who are dedicating most of their time and efforts to the role of mother and who are in need to (re)join education activities and the job market.**

The approach offers the opportunity of discovering, assessing, recognising, possibly validating, and further developing the competences they acquired thanks to the motherhood experience, therefore mostly through informal learning and daily activities. The outcome of this process is thus the opportunity to make value out of these competences to facilitate their participation in training and possibly in the labour market, and at societal level. The focus of this path for upskilling is on the Personal, Social and Learning to learn competence (PSL), that has already proven to be an effective driver for developing other Key Competences for lifelong learning (literacy, numeracy, and digital skills) and improve employment opportunities, through women involvement in more formalised training.

Who are we?

MOVE-UP is organised by an **international partnership of 6 well experienced organisations**: FORMA.AZIONE, RIDAP - Rete Italiana Istruzione degli Adulti IT, APEFA - Associação Portuguesa para a Educação e Formação de Adultos, AKEP - Academy of Entrepreneurship, Die Berater Unternehmensberatung and EAEA - European Association for the Education of Adults.

The project is also **supported by a group of 10 Associated Partners**, representing policy makers, labour market, educational and Civil Society organisations (UIL – Unione Italiana del Lavoro, Forum del Terzo Settore, Università degli Studi di Udine, Confindustria Udine, Municipality of Tripoli, Cruz Vermelha, Centro Qualifica Litoral Cávado, Associação Social Recreativa Cultural e Bem Fazer Vai Avante, ÖJAB – Österreichische JungArbeiterBewegung, Plattform für berufsbezogene Erwachsenenbildung).

Who are you?

If you work in the sector of ALE (Adult Learning and Education), employment and social services, in the field or more at management and policy level:

You may be interested in joining us and in contributing to some project activities, such as collecting and sharing good practices related to the project topic, participating in the MOVE-UP National and/or International Alliance/s (to broad our cooperation partnership) and joining us for Peer Learning Activities and dissemination events.

We need your experience in the field and your insight on how to design and improve tools to better match real needs of practitioners and learners.

If you are a woman with experience of motherhood, finding yourself currently unemployed, and wish to participate in education activities and work:

We would be happy to have you with us for the upskilling pathway in your country and also to provide us with specific contribution to the needs analysis and in designing and tailoring the activities.

We would like to hear your experience and for you to share with us your understanding of the needs, expectations and challenges that you are facing to (re)join education and work.

Why get involved in the project?

If you are an organisation working on ALE, employment and social sector:

What this project offers you in practice?

- A collection of good practices to outreach and engage with women who wish to re-join education and the job market.
- A good insight on methods for assessing and validating prior learning related to Personal, Social and Learning to learn competence (PSL) and a new adapted method to use in your own activity.
- An overview of methodologies for tailored learning and enhancement of PSL.
- Joining the project implementation activities and offer them to learners in your service.
- Free participation in national Peer Learning Activities.
- Free participation in the National or International MOVE-UP Alliances, with peer review activities and webinars, also as a speaker.

You will:

- Gain new knowledge on how to better engage with your audience and how to support them to participate in learning activities and to (re)join the labour market.
- Gain visibility for your organisation and network.
- Adopt a more gender equal approach in your training activities, thus actively contrast gender stereotypes and discriminations in the labour market.
- Ensure that your good practices and experience is leveraged and exploited by others and more broadly, at regional, national and international level.
- Ensure more sustainability for your own projects and activities.
- Contribute to new insight to support policy review and policy feedback cycle from a regional, national and European perspective.

If you are a woman experiencing unemployment:

What this project offers you in practice?

- The opportunity to participate in a collaborative process to concretely make value out of the competences and skills you have gained thanks to your experience as mother.
- The option to later join training and education activities to get new skills, more oriented to what is now needed in the job market, such as digital and personal and social skills.
- The opportunity to participate in groups activities to share your experiences and to get and give support, with others learners (your upskilling mates) to progress in your learning and to get (back) to work.
- Powerful learning experiences to overcome gender stereotypes and discrimination that can negatively affect women (re)entering training and labour market.

You will:

- Value your experience as mother for (re)joining training and job market.
- Gain new knowledge and practical skills that are very important in our current society and also in the job market, such as digital skills and personal and social skills.
- Find information on learning activities and what is needed in the job market and how to participate more and/or again.
- Ensure regular support in your process, across the various steps.