



Co-funded by
the European Union

Grant Agreement: 101087412

move up

Motherhood is an asset

MOtherhood Valorisation and Empowerment for professional
development – Upskilling Pathways / MOVE-UP



For women with experience of motherhood who seek employment and training opportunities

Join the MOVE-UP Alliance - What this project offers you in practice?

- The opportunity to **participate in a collaborative process to concretely make value out of the competences and skills you have gained thanks to your experience as mother.**
- The option to later **join training and education activities to get new skills, more oriented to what is now needed in the job market**, such as digital and personal and social skills.
- The opportunity to **participate in groups activities to share your experiences and to get and give support**, with others learners (your upskilling mates) to progress in your learning and to get (back) to work.
- **Powerful learning experiences to overcome gender stereotypes** and discrimination that can negatively affect women (re)entering training and labour market.



For women with experience of motherhood who seek employment and training opportunities

Join the MOVE-UP Alliance – Benefits for you

- **Value your experience as mother** for (re)joining training and job market.
- **Gain new knowledge and practical skills** that are very important in our current society and also in the job market, such as digital skills and personal and social skills.
- **Find information on learning activities** and **what is needed in the job market**, and how to participate.
- **Ensure regular support** in this process, across the various steps