

The Mythical Europe Youth Exchange program

29th August – 3rd September 2020 | Jastrzębia Góra, Poland

| Timetable | Activities | Non-formal and informal learning methods used |
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| Day 1 | | |
| AM | <ul style="list-style-type: none">• Arrivals• Opening session | Welcome, reminder of the program and title of the exchange, session of fears and expectations, conclusion of an oral agreement on the principles of exchange by acclamation, information on security and organizational and logistical matters. |
| PM | Erasmus + program, Youthpass and organisations | Getting to know each other through games and plays prepared by each group. Information about the Erasmus + program and the Youthpass (Discover Youthpass) certificate. Then follows the presentation of the participating organisations. |
| | Meeting of group leaders and welcome dinner | Before dinner there will be time for a mini-evaluation among group leaders to make sure if there are any things that need improvement, or if the groups have any wishes. In the evening, there will be a welcome dinner. |
| Day 2 | | |
| AM | Games and fun. Energizers. Welcome the day and present the day plan. | We will start the day with games that everyone knows as energizers. We will play these games in the open air in front of the canteen and camping houses. Each national group will have the opportunity to propose a new energizer. This is to stimulate everyone to act. We will present the table of the day in detail what we will do today, what the division of the day is about breaks and how to plan the learning process. |

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| | Why do we tell and like myths? Why did people always need myths? | The first thematic session will introduce the participants to the concept of myth and mythology. We will find that in history we have always been accompanied by myths, both in ancient times and later, e.g. in the Middle Ages, but also today. Participants will recall information from the school, because among our organizations everyone had lessons in Greek or Roman mythology at school. Participants will tell what they know about myths, we will recall the most typical myths (e.g., Daedalus and Icarus), and on this basis we will see that each myth has similar features that can also be used to tell an interesting, modern story. This session will be moderated by the Polish group. We will use the artistic abilities of the participants, instead of writing, draw typical historical myths, and then use the arrows to add the typical features of a mythical story to our drawings. |
| PM | Is the myth just history? Is myth a fairy tale? Are there modern myths? | In the afternoon, by the method of questions and answers during work in small workshop groups, participants will consider whether the classic form of the myth can also be found nowadays, in stories that people tell themselves, or in relations that the media presents. We will all also talk if myth is a fairy tale, is everything in mythology made up or not? Participants will work in national teams and at the end of the day present their impressions in a full hall. |
| | What connects us? | In the second part of the afternoon we will leave the hall to the beach and there we will continue to get to know each other and create a harmonious group. Since the participants will already know their names, we will start only with a short repetition of the names, and then the Romanian group proposed that they will lead games that build confidence in the group. These will be, for example, playing bodies, chasing and chasing, building geometric figures, playing centipedes, wild horses or tangles, and playing with the use of rope. These classes are intended to stimulate participants, but also to increase mutual trust. |
| | Evening, evaluation meeting of group leaders. Dinner and intercultural evening. | In the evening the first intercultural evening will take place. |

| Day 3 | | | |
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| AM | Games and fun. Energizers. Welcome the day and present the day plan. | We will start the day with games that everyone knows as energizers. We will play these games in the open air in front of the canteen and camping houses. Each national group will have the opportunity to propose a new energizer. This is to stimulate everyone to act. We will present the table of the day in detail what we will do today, what the division of the day is about breaks and how to plan the learning process. | |
| | Myths about countries in Europe and Europeans. | Before noon, participants in national groups will present myths about their countries and about the inhabitants of Europe. This is a homework that groups should prepare before arriving at the project in preparation for the youth exchange. Each group will have 15 minutes to present the myth in the form of a role-play or something like puns. In this way, other participants will be live involved in the presentations. | |
| PM | Storytelling | After the myth presentation session, we will try to trace what techniques the participants used to present their myths? Was it a story of various events that are to be of interest? What is storytelling? In this example, participants will learn what storytelling is, how to make verbal messages more attractive, how to tell great stories. For this we will use great materials available on the Internet, especially videos on Youtube, where many storytellers share their experiences. This session will be led by a Polish group, because the European Institute Foundation has carried out, in exactly the same place, the project "Tell me your story", from which we have experience that we would like to share. | |
| | Good myths and bad myths | Working in small groups in multinational teams we will show examples of the use of positive, but especially bad, negative myths. What emotions do people evoke stories told by various demagogues, conspirators, or xenophobes and nationalists? Based on descriptions of various bad myths in ideology prepared by the Croatian group, participants will see that the ability to tell stories and kidnap audiences has often been used by dictators, also in totalitarian ideologies. Participants will see how easy it is to use a myth, a story for the wrong purpose: myth as fear, myth as scare. The method used in this session | |

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| | | will be small discussion groups, everyone will have the opportunity and the need to comment, because the participants will work on prepared tasks that will force the activity of all team members. Finally, we will summarize this session by gathering together in the hall and there will also be a discussion comparing the conclusions reached by the participants working in groups. |
| | Mini-evaluation | There will be time for a mini-evaluation before dinner. In the mini-evaluation, participants will first get 20 minutes to collect their thoughts and think about their answers, which will be presented on the table of the day, and then we will use group evaluation methods that will further strengthen the bonds between participants, e.g. sorting, moving shield, traveling diary, and others. |
| | Evening, evaluation meeting of group leaders. Dinner and intercultural evening. | The evening will be the second intercultural evening. |

Day 4

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| AM | Games and fun. Energizers. Welcome the day and present the day plan. | We will start the day with games that everyone knows as energizers. We will play these games in the open air in front of the canteen and camping houses. Each national group will have the opportunity to propose a new energizer. This is to stimulate everyone to act. We will present the table of the day in detail what we will do today, what the division of the day is about breaks and how to plan the learning process. |
| | What is Europe? Who are the Europeans? Who am I? | We will devote the morning to discussing an interesting topic about our continent. What is Europe? Of course, we mean the current situation. What are the values behind today's European Union: freedom, democracy, equality, respect for others, respect for human and minority rights, pluralism, non-discrimination, tolerance, justice, solidarity and gender equality. Common values for Europeans. We will do this by dividing the topics into several tables and mixing the participants together, and music that when suddenly stopped, some participants move to the next table. In this way, there is never boredom in the workshop and everyone is motivated to speak or express themselves in a different way (e.g. drawing). At the end of the session we will |

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| | | return to the hall and summarize what we have learned from such mutual exchange of views and experiences. |
| PM | European myths. What stories are people shooting today? | Participants working in mixed teams will make a list of topics that are top when it comes to the European Union. These may include topics such as Brexit, migration, refugees, the eurozone crisis, the division into new and old Europe and others. It will be a media analysis exercise as participants will derive information from electronic media over the last two to three years. What stories do the media tell? How do they do that? Can it be compared to modern European myths? What is not talked about? What stories about Europe are missing? Such questions will be given to participants for preparation. A group from Bulgaria proposed this topic and participants from Bulgaria will moderate this part of the program. |
| | Campfire preparation | We will apply to the Krynica Morska Forest District for permission to light a bonfire on the beach (if not, we will organize a bonfire at the resort). To give participants some movement, we will divide into new teams and prepare a focal circle, benches, collect wood for the bonfire, tune the instruments, prepare sausage sticks. It will be a collaborative exercise and we will also break away from complicated topics. |
| | Evening, evaluation meeting of group leaders. Dinner and bonfire | During the bonfire we will spontaneously get to know songs from our countries, various rock standards. |
| Day 5 | | |
| AM | We talk about Europe. Work in small groups on the results of the project. | We will devote the whole day to developing the project results, i.e. a new story about Europe, using the form of myth. Since the participants already know what a myth is and how it can be used, and know about the hottest topics related to European integration, now they are to develop their innovative message about Europe through the eyes of young people. It will definitely be a short video and a slightly longer documentary with interviews. In addition, participants will develop other materials (e.g. posters or comics, or postcards, as well as readymade memes to be sent online). The group will |

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| | | once again be divided into task teams that will be selected in terms of task complexity. |
| PM | We talk about Europe. Work in small groups on the results of the project. | Continuation of this activity |
| | Mini evaluation among group leaders. Dinner and intercultural evening. | Before dinner there will be time for a mini-evaluation among group leaders. In the evening there will be the last intercultural evening. |
| Day 6 | | |
| AM | Games and fun. Energizers. Welcome the day and present the day plan. Presentation of project results, meeting with non-governmental organizations from Gdańsk and the surrounding area. Presentation of Gdańsk as a "Mythical City", Participants cafe - opportunities for further cooperation. | This time, the time for energizers and games will be a little shorter, because after breakfast we leave the center to Gdańsk, in the Oliwa City Hall of Culture, located in the very center of Gdańsk Oliwa (ul. Opata Jacka Rybińskiego 25) where there will be a meeting with representatives of non-governmental organizations from Gdańsk and surrounding areas and invited youth and the media. During the meeting, we will present our project, talk about its implementation, and show the project results that the participants worked on. The second part of the meeting will be devoted to the presentation of Gdańsk as a mythical, multicultural city, as discussed by invited guests, Gdańsk enthusiasts who were recommended to us by the collaborators of our Foundation in Gdańsk. After presentations and discussions about Gdańsk, a city of turbulent history and many cultures, there will be time for another workshop: topics for further cooperation, opportunities for strengthening cooperation between our organizations. It will take the form of an interactive participative cafe, moderated by representatives of partner organizations. |
| PM | Evaluation of the exchange and the current course of the project. | Evaluation: To evaluate our activities, as well as the current course of the project, we will use various forms of expressing opinions - we will carry out anonymous surveys with open and closed questions and a scale of assessments, as well as an open discussion in the group forum - which will allow reliable expression of our assessment and comparison of our feelings with each other. We also want to conduct a discussion summarizing how we managed to achieve the Erasmus + goals and what we planned as next joint activities. |

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| | Summary and closing session | Closing session. Exchange of contacts. Final remarks. Recognition of learning outcomes. Awarding of Youth Pass. A farewell dinner combined with a European evening. Celebrating exchange success. |
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